

## Check List

**You are more at risk from a fire when asleep. So it's a good idea to check your home before you go to bed.**

Close inside doors at night to stop a fire from spreading.

Turn off and unplug electrical appliances unless they are designed to be left on – like your freezer.

Check your cooker is turned off.

Don't leave the washing machine on.

Turn heaters off and put up fireguards.

Put candles and cigarettes out properly.

Make sure exits are kept clear.

Keep door and window keys where everyone can find them.



## Are you safe from fire?

Find out by answering these three simple questions.

**Do you have a smoke alarm?**

**Have you checked your smoke alarm recently?**

**Have you made an escape plan?**

If you answered **NO** to any of the questions above then **your life could be in danger.**

Call this number now to get a free home fire safety check:

# 445933

This number is only staffed during office hours.  
Please leave an answer phone message outside of office hours.  
You can also book on line at [www.fire.gov.je](http://www.fire.gov.je)

# Fire Safety in the Home



**Jersey Fire & Rescue**

*...making Jersey a safer community*

# FIRE KILLS YOU CAN PREVENT IT



Fit smoke alarms on every level of your home

Fit smoke alarms



Test the batteries in your alarm once a week. **Never** remove them

Test it



Plan an escape route and make sure everyone knows how to escape

Plan an escape route



Avoid leaving children in the kitchen alone when cooking on the hob - keep matches and saucepan handles out of their reach

Keep out of reach



Take care when cooking with hot oil

Take care with hot oil



Don't overload sockets - try to keep one plug per socket

Don't overload



Stub cigarettes out properly and dispose of them carefully. Put them out, right out!

Put them out. Right out!



Ensure candles are secured in a proper holder and kept away from curtains or fabrics

Be careful with candles



Make a bedtime check of your home before you go to bed - you are more at risk from a fire when asleep. Close inside doors at night to prevent a fire from spreading

Make a bedtime check



Don't tackle fires yourself - get out, stay out and call 999

Get out, stay out & call 999

## PLAN A SAFE ESCAPE

- Plan an escape route and make sure everyone knows how to escape
- Make sure exits are kept clear
- The best route is the normal way in and out of your home
- Think of a second route in case the first route is blocked by fire
- Take a few minutes to practice your escape plan
- Keep door and window keys where everyone can find them
- Review your plan if the layout of your home changes

### What if you can't get out?

- Get everybody into one room, ideally with a window and a phone
- Put bedding around the bottom of the door to block out the smoke, then open the window and shout "HELP FIRE"
- If you're on the ground or first floor you may be able to escape through a window
- Use bedding to cushion your fall and lower yourself down carefully, don't jump
- If you can't open the window, break the glass in the bottom corner. Make jagged edges safe with a towel or blanket